

# **Articles**

# **WiCell**

# Resveratrol Oligomers Trans-gnetin H Promotes Reactive Oxygen Species Generation and

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**Rictor Degradation to Suppress Cancer Cell Viability** 

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The function of resveratrol as an antioxidant is to scavenge reactive oxygen species (ROS) in the body. The effects of resveratrol on cell ular activity have been widely reported. Trans-gnetin H is a trimer of resveratrol that is found in seeds of peonies. However, there is n ot enough research on the cellular effects of trans-gnetin H, and it is not clear if it has the same physiological functions as resveratrol. This study tries to answer this question by investigating the effect of trans-gnetin H on ROS, mammalian target of rapamycin (mTOR), c ell viability, autophagy, and ferroptosis in several cancer cell lines. Trans-gnetin H was found to regulate cell viability, cell proliferation, and autophagy, but it did not affect ferroptosis. Molecular experiments showed that these effects were brought about via significant promotion of ROS generation and suppression of mTOR activation in an ROS-dependent manner. Further mechanistic experiments showed that trans-gnetin H inhibits mTOR activation by inducing FBXW7-mediated ubiquitination and degradation of Rictor, a key component of mTORC2. Thus, trans-gnetin H appears to control tumor cell viability by inhibiting activation of the mTORC1 and mTORC2 pathw ays through a novel regulatory mechanism involving the ROS-Rictor signaling axis.

#### 1.Introduction

Reactive oxygen species (ROS) are commonly found in the for m of molecular oxygen derivatives such as O2- and H2O2. Th ere are many sources of intracellular ROS, which can be gene rated in the plasma membrane, cytoplasm, and organelles (in cluding the endoplasmic reticulum, mitochondria, and peroxi somes) [1]. ROS production and ROS elimination need to be b alanced for the maintenance of the intracellular redox state and several cell-, organ-, and organism-level physiological pr ocesses such as formation of the extracellular matrix, wound healing, and immunity [2-4]. ROS accumulation can lead to v arious diseases, including cancer, by inducing oxidative dama ge to proteins, DNA, and lipids. Interestingly, excessive ROS I evels may also cause tumor cell death. Therefore, the target of numerous chemotherapeutic methods for the treatment o f tumors is ROS-induced cell death. As a result, there is consi derable ongoing research about the mechanisms associated with ROS-induced cell death and related treatment targets th at could be applied in cancer therapy.

Resveratrol is a commonly found polyphenolic compound wit h known antioxidant, anti-inflammatory, and immunomodula tory properties, among other benefits. Resveratrol has a broad spectrum of anti-tumor effects, showing significant anti-tumor activity in a variety of tumor cells. It can inhibit the grow th, proliferation, invasion and metastasis of cancer cells through a variety of signaling pathways and regulate the expressi

on of related proteins, induce cell apoptosis, and reverse che motherapy resistance and enhance chemotherapy sensitivity. Trans-gnetin H [5] is a natural polyphenolic compound that i s structurally composed of a trimer of resveratrol and one of the most important stilbenes in peony seeds. There is a large body of literature on the antitumor effects and mechanisms of resveratrol, but studies on the antitumor activity and mec hanisms of trans-gnetin H are few. In our previous study, we reported the antitumor potential of trans-gnetin H[6] and fo und that trans-gnetin H controls tumor cell growth through r egulation of autophagy [5]. In line with this observation, it is known that resveratrol, the compound that forms trans-gneti n H, plays a role in the initiation of autophagy [7-9]. In additi on, the antioxidant activity of resveratrol is one of its main fu nctions[10-13], and it is also known to be involved in the ind uction of apoptosis [9, 14, 15] and cell necrosis [16]. In contr ast to these findings for resveratrol, the results of our previo us study indicated that trans-gnetin H did not play a role in re gulating apoptosis [5]. Further, it is not clear whether trans-g netin H has antioxidant capacity. Thus, although trans-gnetin H is composed of resveratrol, it does not possess all the char acteristics of resveratrol.

In our previous study, we also discovered that trans-gnetin H regulates autophagy via the mammalian target of rapamycin (mTOR) complex 1 (mTORC1) pathway. mTOR is an atypical s erine/threonine protein kinase that integrates a variety of ex tracellular signals, including amino acids, glucose, lipids, gro wth factors, and ROS, and is essential for autophagy [17]. It is primarily found in two intracellular complexes—mTORC1 and mTORC2—which are sensitive and respond to different signals (including ROS) and, thus, exert different functions [18]. In our previous study, even though we discovered that transgnetin H can regulate the mTORC1 pathway, it was unclear whether it affects the mTORC2 pathway. In the present study, we have tried to gain a better understanding of the antitumor activity and mechanisms of trans-gnetin H by investigating i

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Running title: Trans-gnetin H Suppress Cancer Cell Viability

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ts effects on ROS levels and the mTOR pathway in several can cer cell lines. We believe that these findings will shed light on the functions of trans-gnetin H and the underlying autophag y-related mechanisms in tumor cells and also help identify po tential therapeutic targets for antitumor treatment.

#### 2. Materials and methods

#### 2.1 Materials

Erastin (E7781), RSL3 (SML2234), cycloheximide (CHX), N-ace tylcysteine (NAC, A7250), dichlorofluorescein diacetate (DCF H-DA, 35845), and secondary antibodies were obtained from Sigma-Aldrich (MO, USA). Antibodies for pT389-S6K (9234S/L) , S6K (9202S), Rictor (9476), pS473-AKT (9271), AKT (9272), a nd SOD1 (37385) were obtained from Cell Signaling Technolo gy (MA, USA). Actin (20536-1-AP), FBXW7α (28424-1-AP), Nrf 2 (16396-1-AP), and HMOX1 (10701-1-AP) were obtained fro m Proteintech (Chicago, USA). NQO1 (ab80588) was obtaine d from Abcam (Cambridge, UK). β-mercaptoethanol, penicilli n, fetal bovine serum (FBS) and streptomycin were purchase d from Gibco (Grand Island, NY, USA). Phosphate-buffered sa line (PBS) and trypsin were purchased from HyClone (UT, US A). Trizol reagent, the PrimeScript RT reagent kit (RR047A), a nd the TB Green quantitative real-time quantitative polymer ase chain reaction (qRT-PCR) kit (RR820A) were purchased fr om Takara (Dalian, China). Cell counting kit-8 (CCK8, K009) w as purchased from ZETA LIFE (CA, USA). BODIPY 581/591 C11 (D3861) was purchased from Thermo Fisher Scientific (MA, U SA).

# 2.2 Origin and purity of trans-gnetin H

Trans-gnetin H (purity, >99%) was obtained from the seeds of the tree peony. For the cellular experiments, trans-gnetin H was dissolved in dimethyl sulfoxide to the required concentrations. The extraction and isolation of trans-gnetin H was conducted according to the published protocol [19]. Structural determination of isolated trans-gnetin H was elucidated by 1H - and 13C-NMR as below:

1H-NMR (500 MHz, CD3OD) $\delta$  (ppm): 7.19 [4H,dd, J = 2.0, 8.5 Hz, H-2(6), 2" (6")], 6.79 [4H, dd, J = 2.0,8.5 Hz, H-3(5), 3" (5")], 6.69 (2H, d, J = 8.5 Hz, H-2', 6'),6.51 (2H, d, J = 8.5 Hz, H-3', 5'), 6.43 (1H, s, J = 8.5 Hz, H-12), 6.39 (2H, s, H-7', 8'), 6.15 [6H, s, H-10(10"),12(12"), 14(14")], 5.41 (2H, d, J = 5.5 Hz, H-7, 7"), 4.41(2H, d, J = 5.5 Hz, H-8, 8").

13C-NMR (125 MHz, CD3OD)δ (ppm):163.5 (C-11′, 13′), 160.6 [C-11(11″), 13(13″)],159.0 (C-4, 4″), 158.8 (C-4′), 148.0 (C-9, 9″), 135.0 (C-9′),134.6 (C-1″), 134.2 (C-1), 131.1 (C-1′), 129.14 (C-2′, 6′,8′), 128.6 [C-2(2″), 6(6″)], 123.0 (C-7′), 120.8 (C-10′, 14′),116.8 [C-3(3″), 5(5″)], 116.6 (C-3′, 5′), 107.8 [C-10(10″),1 4(14″)], 102.6 (C-12, 12″), 95.3 (C-7, 7″), 91.9 (C-12′),59.4 (C-8, 8″).

The 1H- and 13C-NMR of trans-gnetin H only used for review because our related work haven't been published.

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The purity of trans-gnetin H was confirmed using HPLC. Evide nce is presented in the supplementary material of our previously published articles.

#### 2.3 Cell culture

HT29, H1299, MDA231, and HepG2 cells were purchased from National Science & Technology Infrastructure (NSTI, Shang hai, China) and cultured according to the manufacturer's protocol. HT29 and H1299 cells were cultured in RPMI 1640 med ium (Hyclone, USA), MDA231 and HepG2 cells were cultured in Dulbecco's modified Eagle medium (DMEM; Hyclone, USA) containing 10% FBS (Gibco, Grand Island, NY, USA) according to the ATCC guidelines.

# 2.4 Sample collection and preparation for lip idomic analysis

HT29 cells were treated with 10 µM trans-gnetin H for 2 hour s. Cells from both control and trans-gnetin H-treated groups were then harvested. Six replicate samples per group (each c ontains 1 ×107 cells precisely counted via Cytometer, BioRad, Hercules, USA) were flash-frozen in liquid nitrogen and store d at -80°C for lipid extraction and LC-MS analysis. Lipids were extracted following Matyash [20] with modifications. Briefly, samples were thawed at 4°C before adding 200 µL ice-cold d istilled water. Homogenization was performed with 240 µL ic e-cold methanol, followed by vortexing. After adding 800 µL methyl tert-butyl ether (MTBE), samples were vortexed, soni cated in an ice-water bath for 20 min, then incubated at roo m temperature for 30 min. Following centrifugation (14,000 × g, 15 min, 10°C), the upper organic phase was collected an d dried under nitrogen. For LC-MS analysis, dried lipids were reconstituted in 200 µL isopropanol, vortexed, centrifuged (1 4,000 × g, 15 min, 10°C), and the supernatant collected. A po oled quality control (QC) sample was generated by combinin g equal aliquots from each lipid extract.

# 2.5 LC-MS/MS analysis for lipids

Lipidomic analysis was performed according to the methods [ 21,22]. Briefly, samples were maintained at 10°C in an autosa mpler, with 3 µL aliquots injected onto a reverse-phase CSH C18 column (Waters ACQUITY UPLC CSH C18; 1.7  $\mu$ m, 2.1  $\times$  1 00 mm) via a UPLC system (SHIMADZU, Japan). The mobile p hase comprised Solvent A (acetonitrile–water, 6:4 v/v, 0.1% f ormic acid, 0.1 mM ammonium formate) and Solvent B (acet onitrile-isopropanol, 1:9 v/v, 0.1% formic acid, 0.1 mM amm onium formate), with a gradient starting at 30% Solvent B (30 0 μL/min), held for 2 min, linearly increased to 100% Solvent B over 23 min, and equilibrated at 5% Solvent B for 10 min. S ample order was randomized to mitigate instrumentation bia s. Post-separation, mass spectrometry was conducted on a Q -Exactive Plus (Thermo Scientific, USA) with shared paramete rs (heater 300°C, sheath gas 45 arb, auxiliary gas 15 arb, swe ep gas 1 arb, capillary 350°C); For positive (ESI+) used 3.0 kV

spray voltage, S-Lens RF 50%, and MS1 scan 200–1800 m/z, while for positive (ESI–) used 2.5 kV, S-Lens RF 60%, and MS2 scan 250–1800 m/z. Quality control samples were analyzed at each batch start and after every 5 samples to ensure data stability.

Raw data were processed using LipidSearch™ Software (v4.1, Thermo Fisher Scientific, CA, USA) for peak alignment, retent ion time correction, and peak area quantification. Analytical method validation was performed with key parameters set a s follows: precursor tolerance = 5 ppm, product tolerance = 5 ppm, and product ion threshold = 5%. Lipid species exhibitin g >30% relative standard deviation (RSD) or >50% missing val ues were excluded from the LipidSearch-extracted dataset. F ollowing normalization and integration via Pareto scaling, pr ocessed data were subjected to principal component analysis (PCA) using SIMCA-P® software (v14.1, Umetrics, Umea, Swe den). Identified metabolites were annotated against the KEG G pathway database (https://www.genome.jp/kegg/pathway.html). Volcano plots were subsequently generated using R so ftware.

#### 2.6 siRNA knockdown

Non-specific control siRNA and siRNAs for FBXW7 $\alpha$  were pur chased from GenePharma (Shanghai, China). Transfection of cells with the siRNA oligonucleotides was performed using Li pofectamine 2000 (Invitrogen, CA, USA) according to the ma nufacturer's instructions. The siRNAs used are listed here:

si NC: 5'-UUCUCCGAACGUGUCACGU-3'

si FBXW7 $\alpha$ -1: 5'-GCTCCCTAAAGAGTTGGCACTCTAT-3'

si FBXW7α-2: 5'-ACAGGACAGUGUUUACAAATT-3'

#### 2.7 Western blot analysis

The western blotting protocol used has been described by us previously [23]. It can be briefly summarized as follows: the c ells were washed with PBS, lysed with radio immune precipit ation assay buffer for 30 min, and centrifuged at 12,000 rpm for 15 min (4oC). The supernatant was subjected to sodium d odecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) for separation of proteins, and the proteins were transferred to nitrocellulose (NC) membranes (0.45 µm, GE). The NC me mbranes were then blocked with non-fat milk and incubated with primary antibodies overnight at 4°C. Next, the membran es were washed with PBS and incubated with secondary anti bodies (containing horseradish peroxidase) for 1–2 h. Followi ng this, the membranes were washed with PBST, and the tar get proteins were detected with an imaging system from Bio-Rad (Hercules, CA, USA). Protein abundance was quantified u sing the ImageJ software.

# 2.8 Quantitative qRT-PCR analysis

Total RNA was isolated using TRIzol reagent and reverse tran scribed with the PrimerScript RT reagent kit. qRT-PCR analysi s was performed with the TB Green qRT-PCR kit. The compar ative Ct method was used to determine the relative quantity of the mRNA of the target gene, with the GAPDH gene as the internal control. The sequences of the primer pairs used are s hown in Table 1.

Table 1 Primer sequences for qRT-PCR

Gene	Forward primer sequence (5'→3')	Reverse primer sequence (5'→3')
HMOXI	TGCTCAACATCCAGCTCTTTGA	AACTGTCGCCACCAGAAAGC
SOD1	ACAAAGATGGTGTGGCCGAT	AACGACTTCCAGCGTTTCCT
NQO1	GAAGAGCACTGATCGTACTGGC	GGATACTGAAAGTTCGCAGGG
Rictor	CGAGTACGAGGGCGGAAT	ATCTGGCCACATTTTGGAGA
GAPDH	CAACGAATTTGGCTACAGCA	AGGGGTCTACATGGCAACTG

### 2.9 Detection of lipid ROS

Cells were seeded in 6-well plates or 24-well plates and were treated with trans-gnetin H for 24 h. The cells were then inc ubated with DCF-DA or 5  $\mu M$  BODIPY C11 at 37°C for 30 min. The cells in the 6-well plates were washed, and fluorescence intensity was detected by flow cytometry (BD FACSAria III, US A).

## 2.10 Cell viability assay

For the determination of cell viability, cells were seeded in 9 6-well plates at a density of 104 cells/well and incubated wit h complete RPMI 1640 medium containing reagents. The me dium was replaced with 100  $\mu$ L fresh medium containing 10 % CCK8 reagent, and this was followed by incubation for 3 h at 37°C. The plate was then read with a Synergy HT microplat e reader (Bio-Tek, USA) (absorbance, 450 nm).

# 2.11 Colony formation assay

Cells were seeded in 6-well plates at a density of 1000–2000 cells/well and treated with different combinations of regents. This was followed by culture in RPMI-1640 medium containing 10% FBS for 7 days. The colonies were then fixed with 4% paraformaldehyde, washed with PBS, and stained with crystal violet. All the assays were performed in triplicate.

# 2.12 Autophagy analysis

Autophagy was detected using a previously described proced ure [24]. Briefly, GFP-LC3 plasmids were transfected into cell

s, which were then treated with trans-gnetin H. The cells wer e fixed with 4% paraformaldehyde for 30 min and 0.1 M NH4 Cl for 10 min and subsequently treated with 0.1% TritonX-10 0 and incubated with bovine serum albumin. Next, DAPI stain ing was performed, and the number of GFP-LC3 puncta was c ounted with a laser confocal microscope.

#### 2.13 Dead cell staining assay

The cytotoxicity of trans-gnetin H was determined using the dead cell staining assay test kit by treating cells with predete rmined concentrations of trans-gnetin H for 24 h. Following t his, the supernatant was discarded, and the cells was incubat ed with a working solution of propidium iodide (PI, 8  $\mu$ M) for 30 min in the dark. The stained cells were then observed and imaged with a fluorescence microscope (OLYMPUS CKX53, Ja pan).

#### 2.14 Ferroptosis analysis

Cells were grown in 96-well plates until they reached 50%–60% confluence and exposed to different concentrations of RSL 3 or erastin (for induction of ferroptosis), in combination with the indicated concentrations of trans-gnetin H. The effect of trans-gnetin H on ferroptosis was determined by assessing cell viability with the CCK8 kit in combination with the Synergy HT microplate reader (Bio-Tek, USA).

## 2.15 Transmission electron microscopy

H1299 cell pellets were fixed in 2.5% electron microscopy-gr ade glutaraldehyde in 0.1M sodium cacodylate buffer (pH 7.4) at 4°C overnight. Cell sections were prepared by dehydration, embedding, and curing of the specimens, followed by 50-nm ultrathin section preparation and staining with uranyl acetat e and lead citrate. These procedures followed previously des cribed protocols [25]. The ultrathin specimens were examine d, and images were acquired with a transmission electron mi croscope (HT7800, Japan).

# 2.16 Statistical analysis

The data distribution was assessed using the Shapiro-Wilk test in GraphPad Prism 9.0 for all datasets intended for paramet ric testing. Homogeneity of variances across groups was test ed using Levene's test for all datasets intended for analysis via one-way or two-way analysis of variance (ANOVA). Data we re shown as mean ± SEM. Statistical tests included unpaired one-tailed or two-tailed Student's t-test and one-way or two-way analysis of variance. p value 0.05 was considered statistically significant. In the graphed data \*, \*\* and \*\*\* denote p values of < 0.05, 0.01 and 0.001, respectively, ns, not significant.

#### 3. Results

# 3.1 Trans-gnetin H promotes intracellular RO S generation

We first confirmed its growth-inhibitory effects in these mod els. Treatment dose-dependently reduced proliferation (Figu re 1A, B), with peak efficacy at 10  $\mu$ M. To dissect the anti-pro liferative mechanism, we performed untargeted lipidomics in HT29 cells (10  $\mu$ M, 2h). PCoA revealed profound metabolic r eprogramming (Figure 1C), while volcano plots identified 395 dysregulated metabolites (171 upregulated; 406 downregula ted; Figure 1D). KEGG enrichment highlighted glutathione me tabolism upregulation (Figure 1E), suggesting oxidative stress.

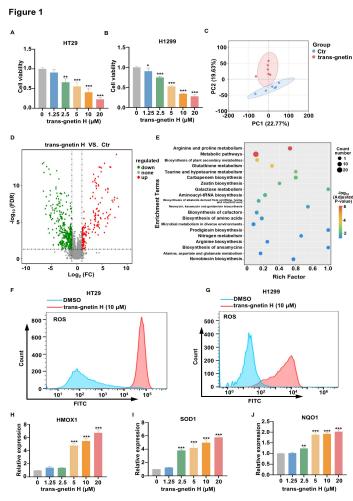


Figure 1. Trans-gnetin H promotes intracellular ROS generation. (A, B) HT29 (A) and H1299 (B) cells were treated with different concentrations of trans-gnetin H for 72 h, the viability of cells was detected by CCK8, n = 3, the number of technical or biological replicates performed. (C-E) Following 2 h treatment with 10  $\mu$ M trans-gnetin H, HT29 cells from treated and control groups (n=6 per group, equal cell numbers) were colle cted. Lipids were extracted from each group and analyzed using untargeted liquid chr omatography-mass spectrometry (LC-MS) for lipid species identification. (C) Principal component analysis (PCA) score plots distinguish the trans-gnetin H and control grou ps. (D) The volcano plot reveals 171 significantly upregulated and 406 significantly do wnregulated metabolites. (E) KEGG pathway analysis was performed on these differential metabolites. (F, G) HT29 (F) and H1299 (G) cells were treated with trans-gnetin H (10  $\mu$ M) for 2 h, and the ROS levels were detected by FACS. (H-J) HT29 cells were treated with different concentrations of trans-gnetin H for 2 h, and the expression of HM OX1 (H), SOD1 (I), and NQO1 (J) were detected by qRT-PCR. Data were analyzed by on e-way ANOVA (A, B, H-J). \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

Notably, despite structural similarity to the ROS antagonist resveratrol, trans-gnetin H exhibited opposing redox activity, promp ting our hypothesis of ROS-dependent growth inhibition. Validation studies showed trans-gnetin H significantly increased intrac ellular ROS in both H1299 and HT29 cells (Figure 1F, G). This pro-oxidant effect extended to breast (Figure S1A) and hepatocellu lar carcinoma (Figure S1B) models, suggesting potential broad-spectrum ROS induction across the colon, lung, breast, and hepatocellular carcinoma. Critically, trans-gnetin H concentration-dependently upregulated antioxidant genes (HMOX1, SOD1, NQO1), confirming ROS-mediated stress adaptation.

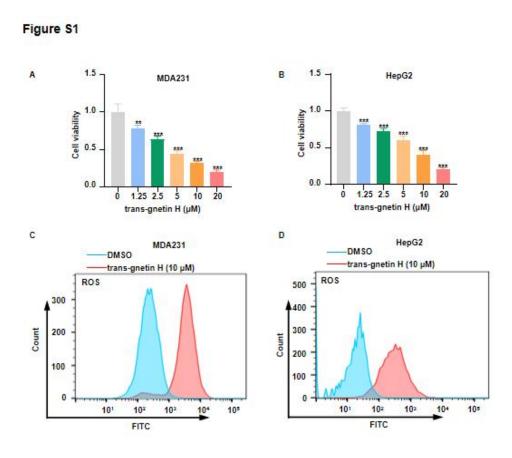


Figure S1. (A, B) MDA231 (A) and HepG2 (B) cells were treated with different concentrations of trans-gnetin H for 72 h, the viability of cells was detected by CCK8, n = 3, the numb er of technical or biological replicates performed. (C,D) MDA231 (C), and HepG2 (D) cells were treated with trans-gnetin H (10 μM) for 2 h, and the ROS levels were detected by FA CS.

#### 3.2 Trans-gnetin H upregulates ROS-associated proteins to suppress mTOR activation

Building upon initial findings, we assessed trans-gnetin H's impact on ROS-regulatory proteins. Treatment concentration-dependently upregulated both the redox sensor Nrf2 and its effector enzymes HMOX1/SOD1/NQO1 at the protein level (Figure 2A & Figure S2A-D), aligning with prior transcriptional data.

To establish ROS-dependence of Nrf2 induction, we employed ROS scavenger N-acetylcysteine (NAC).NAC co-treatment abolish ed Nrf2 upregulation (Figure 2B & Figure S2B) and attenuated trans-gnetin H-induced expression of HMOX1/SOD1/NQO1 mRN A (Figure 2C-E), with parallel effects on corresponding proteins (Figure 2B& Figure S2E-H).Thus, trans-gnetin H amplifies oxidati ve stress through coordinated Nrf2 pathway activation.

Given established mTORC1 modulation, we examined mTORC2 components. Trans-gnetin H dose-dependently reduced Rictor (mTORC2 core subunit) expression (Figure 2F, G) while suppressing mTORC2-mediated AKT Ser473 phosphorylation [26] and mT ORC1-dependent S6K phosphorylation (Figure 2F, H & Figure S2I-L). Critically, NAC reversed all mTOR-related effects (Figure 2H & Figure S2K, L). Functionally, the mTORC1 activator MHY1485 rescued viability suppression in colony assays (Figure 2I, J). Thes e data establish ROS-mediated dysregulation of both mTOR complexes by trans-gnetin H.



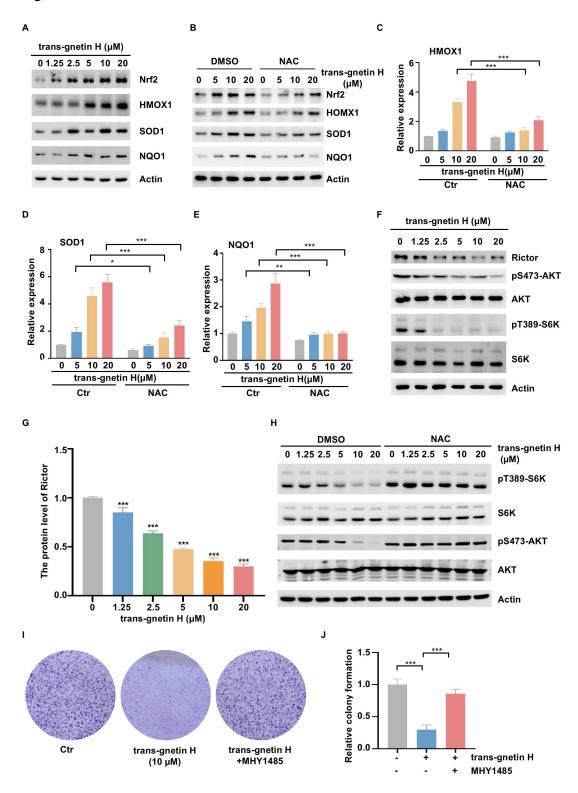


Figure 2. Trans-gnetin H upregulates ROS-associated proteins to suppress mTOR activation. (A) H1299 cells were treated with different concentrations of trans-gnetin H for 2 h, and the indicated proteins were evaluated by western blot. (B) H1299 cells were treated with different concentrations of trans-gnetin H or NAC (2 mM) for 2 h, and the indicated proteins were evaluated by western blot. (C-E) H1299 cells were treated with different concentrations of trans-gnetin H or NAC (2 mM) for 2 h, and then the expression of HMOX1 (C), SOD1 (D), and NQO1 (E) were detected by qRT-PCR. (F, G) HT29 cells were treated with different concentrations of trans-gnetin H for 2 h, and the indicated proteins were evaluated by western blot (F), quantitative for Rictor (G) is presented. (H) H1299 cells were treated with different concentrations of trans-gnetin H or NAC (2 mM) for 2 h, and the indicated proteins were evaluated by western blot. (I, J) HT29 cells were treated with trans-gnetin H (10 μM) or MHY1485 (10 nM), and the cell death was detected by colony formation assay (I), quantitative data are presented in (J).Data were analyzed by one-way ANOVA (G), two-way ANOVA (C-E, J). \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001.

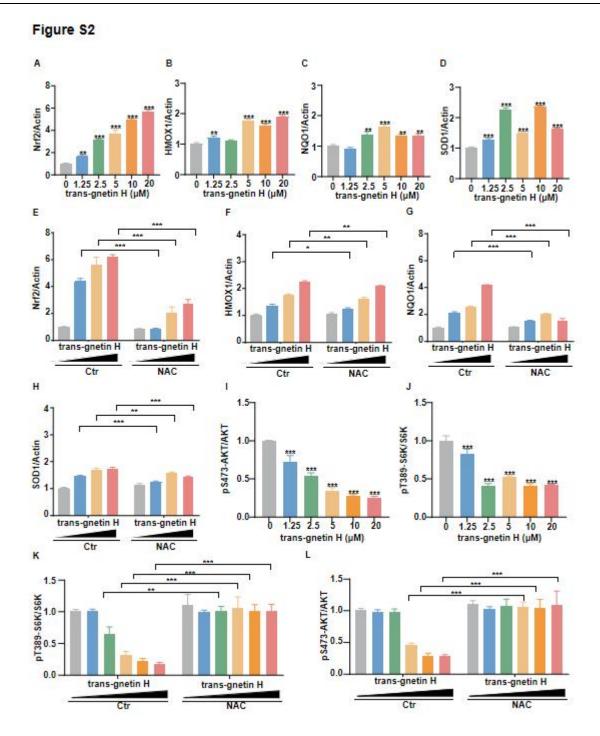


Figure S2. (A-D) H1299 cells were treated with different concentrations of trans-gnetin H for 2 h, and the quantitative results of the detected Nrf2(A) / HMOX1(B) / NQO1(C) / SOD 1(D) protein are shown. (E-H) H1299 cells were treated with different concentrations of trans-gnetin H or NAC (2 mM) for 2 h, and the quantitative results of the detected Nrf2(E) / HMOX1(F) / NQO1(G) / SOD1(H) protein are shown. (I-J) HT29 cells were treated with different concentrations of trans-gnetin H for 2 h, and the quantitative results of the detected pS473-AKT(I) /pT389-S6K(J) protein are shown. (K-L) H1299 cells were treated with different concentrations of trans-gnetin H or NAC (2 mM) for 2 h, and the quantitative results of the detected pT389-S6K protein (K) and pS473-AKT protein (L) are shown. Data were analyzed by one-way ANOVA (A,C), two-way ANOVA (B,D,E). \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001.

# 3.3 Trans-gnetin H promotes the degradation of Rictor via ROS

We next investigated the mechanism through which trans-gnetin H mediates the decrease in Rictor. However, we found that trans-gnetin H does not regulate Rictor expression at the transcriptional level (Figure 3A). To determine whether trans-gnetin H regulates Rictor at the post-translational level, we treated cells with CHX, an inhibitor of mRNA translation, and found that trans-gnetin H significantly shortens the half-life of Rictor (Figure 3B, C). Numerous previous studies have shown that the half-life of proteins is mainly regulated by ubiquitination [27-29]. Accordingly, our results showed that trans-gnetin H could significantly promote the ubiquitination of Rictor. Moreover, we found that the promotive effect of trans-gnetin H on Rictor

degradation could be blocked by NAC treatment (Figure 3D, E), and the addition of NAC inhibited trans-gnetin-mediated ubiquitination of Rictor (Figure 3F).

It has been shown that ubiquitination of Rictor is mainly regulated by FBXW7 $\alpha$  [30]. Therefore, we transfected cells with two siRNAs that specifically target FBXW7 $\alpha$  and found that knockdown of FBXW7 $\alpha$  blocked trans-gnetin H-mediated Rictor degradation (Figure 3G, H). These results indicate that trans-gnetin H facilitates FBXW7 $\alpha$ -mediated ubiquitination of Rictor via ROS, which in turn, promotes Rictor degradation.



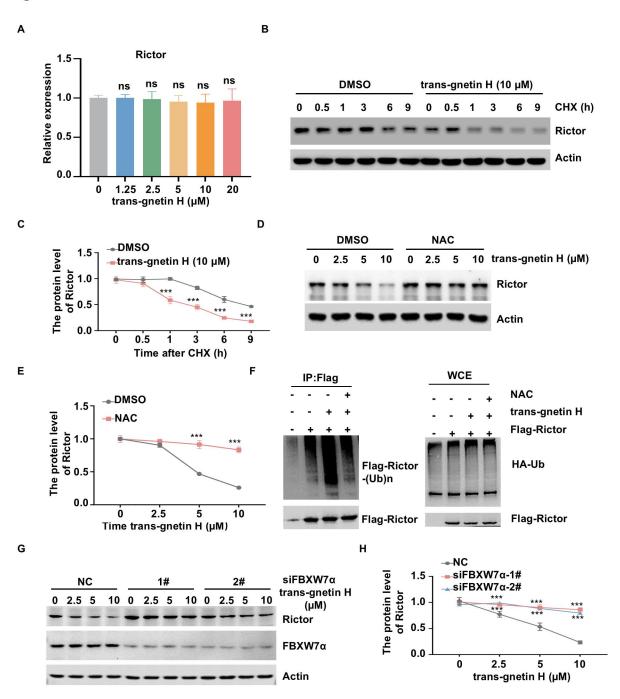


Figure 3. Trans-gnetin H promotes the degradation of Rictor via ROS. (A) HT29 cells were treated with different concentrations of trans-gnetin H for 2 h, and the mRNA of Rictor were evaluated by qRT-PCR. (B, C) HT29 cells were treated with trans-gnetin H (10  $\mu$ M) or CHX (25 mg/ $\mu$ L) for indicated time, and the indicated proteins were evaluated by western blot (B), quantitative data for Rictor are presented in (C). (D, E) HT29 cells were treated with different concentrations of trans-gnetin H or NAC (2 mM) for 2 h, and the indicated proteins were evaluated by western blot (D), quantitative data for Rictor are presented in (E). (F) HT29 cells were treated with trans-gnetin H (10  $\mu$ M) or NAC (2 mM) for 2 h, and the Rictor ubiquitination was analyzed by western blot. (G, H) FBXW7 $\alpha$ -knockdown HT29 cells were treated with different concentrations of trans-gnetin H for 2 h, and the indicated proteins were evaluated by western blot (G), quantitative data for Rictor are presented in (H). Data were analyzed by one-way ANOVA (A), two-way ANOVA (C, E, H). n = 3, the number of independent experiments performed. \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001.

# 3.4 Trans-gnetin H does not affect cell ferroptosis

To determine whether trans-gnetin H can regulate cell ferroptosis, we investigated the regulatory effects of trans-gnetin H on li pid ROS production and mitochondrial morphology. Our results demonstrated that trans-gnetin H had no influence on intracell ular lipid ROS generation (Figure 4A, B), even though it significantly promoted ROS generation. Further, trans-gnetin H did not a ffect mitochondrial morphological characteristics either (Figure 4C). In accordance with these results, trans-gnetin H did not pla y a role in sensitivity to erastin (a known inducer of cell ferroptosis) and RSL3-induced ferroptosis (Figure 4D, E). These results s uggest that trans-gnetin H is not involved in cell ferroptosis.



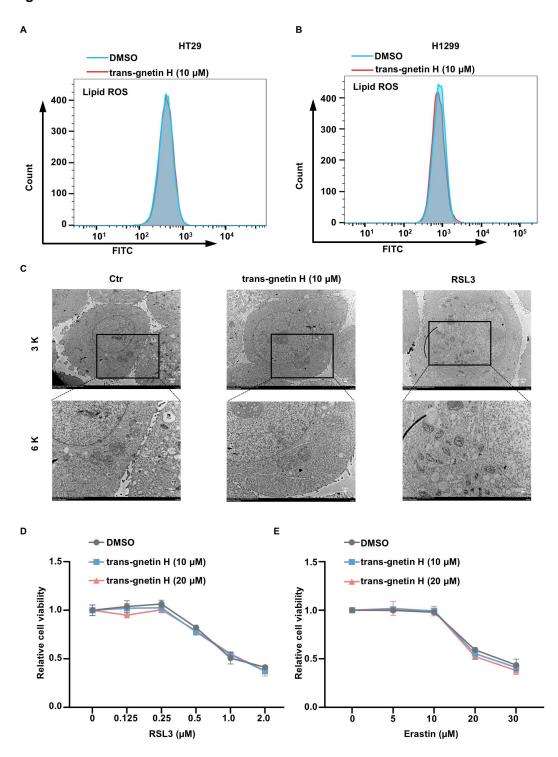


Figure 4. Trans-gnetin H does not affect cell ferroptosis. (A, B) HT29 (A) and H1299 (B) cells were treated with the trans-gnetin H (10 μM) for 2 h, and the lipid ROS was analyzed b y FACS. (C) H1299 cells were treated with the trans-gnetin H (10 μM) or RSL3 (μM) for 12 h, and analyze the ultrastructure of mitochondria with transmission electron microscopy. (D, E) H1299 cells were treated with different concentrations of trans-gnetin H, RSL3 (D) for 24 h or erastin (E) for 24 h, and the viability of indicated cells was examined using CCK8.

#### 3.5 Trans-gnetin H regulates cell viability via ROS

The results of our PI staining experiments on H1299 cells demonstrated that trans-gnetin H significantly inhibited cell growth, a nd this effect could be blocked by NAC (Figure 5A). Consistent results were obtained with the CCK8 assay (Figure 5B). Moreover, we found that knockdown of FBXW7 $\alpha$  blocked the inhibitory effect of trans-gnetin H on cell viability (Figure 5C). In our previous study, we found that trans-gnetin H could regulate cellular autophagy [5]. Consistent with the previous findings, trans-gnetin H demonstrated the ability to significantly promote autophagy (Figure 5D, E). Further, the addition of NAC could block trans-gnetin H-induced autophagy (Figure 5D, E), and knockdown of FBXW7 $\alpha$  inhibited the induction of autophagy by trans-gnetin H (Figure 5F, G). Thus, these results suggest that trans-gnetin H has the ability to inhibit cell viability and induce autophagy through pathways that involve ROS and FBXW7 $\alpha$  (which mediates ubiquitination of Rictor).

Figure 5

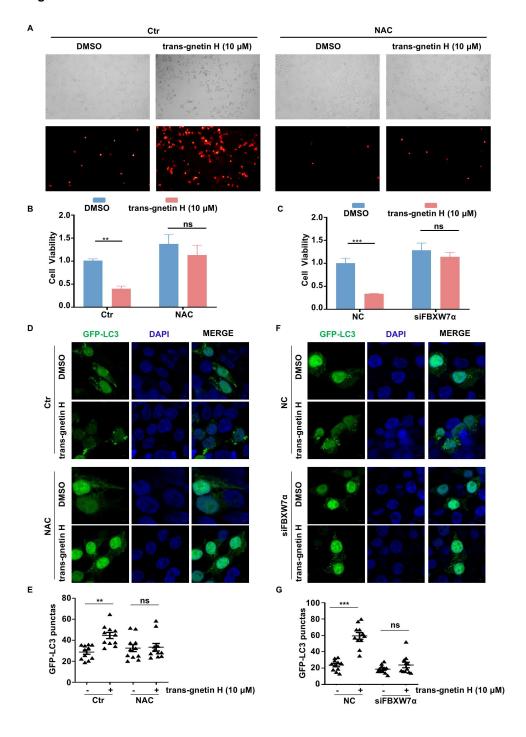


Figure 5. Trans-gnetin H regulates cell viability via ROS. (A) H1299 cells were treated with the trans-gnetin H (10 μM) for 2 h, and the dead cell was detected by staining assay. (B) HT29 cells were treated with the trans-gnetin H (10 μM) or NAC for 2 h, and the cell viability was detected by CCK8. (C) FBXW7α-knockdown HT29 cells were treated with trans-gnetin H (10 μM) or NAC for 2 h, and the cell viability was detected by CCK8. (C) FBXW7α-knockdown HT29 cells were treated with trans-gnetin H (10 μM) or NAC for 2 h, and the cell viability was detected by CCK8. (C) FBXW7α-knockdown HT29 cells were treated with trans-gnetin H (10 μM) or NAC for 2 h, and the cell viability was detected by CCK8. (C) FBXW7α-knockdown HT29 cells were treated with trans-gnetin H (10 μM) or NAC for 2 h, and the cell viability was detected by CCK8. (C) FBXW7α-knockdown HT29 cells were treated with trans-gnetin H (10 μM) or NAC for 2 h, and the cell viability was detected by CCK8.

etin H for 2 h, and the cell viability was detected by CCK8. (D, E) HT29 cells were treated with the trans-gnetin H (10  $\mu$ M) or NAC (2 mM) for 2 h, and autophagy was detected by G FP-LC3 puncta (D), quantitative data for GFP-LC3 puncta are presented in (E). (F, G) FBXW7 $\alpha$ -knockdown HT29 cells were treated with trans-gnetin H (10  $\mu$ M) for 2 h, and autophagy was detected by GFP-LC3 puncta (F), quantitative data for GFP-LC3 puncta are presented in (G). n = 3, the number of technical or biological replicates performed. \*p < 0.05, \*\*p < 0.01. \*\*\*p< 0.001.

#### 4. Discussion

In the present study, we provide confirmatory evidence for the effect of trans-gnetin H on the cell viability of cancer cells. Further, we demonstrate that the underlying mechanisms in volve the inhibition of mTORC1 and mTORC2 activity via the ROS-Rictor signaling axis. Specifically, our results show that trans-gnetin H-induced ROS can regulate mTORC1 activity through the FBXW7 $\alpha$ -Rictor-mTORC2-AKT signaling axis: that is, ROS can enhance FBXW7 $\alpha$ -mediated ubiquitination and degradation of Rictor, which in turn inhibits mTORC2 and mTORC1 activity. This is a novel mechanism of trans-gnetin H that has not been reported so far, so the findings have significant implications in terms of the future therapeutic potential of transgnetin H.

As trans-gnetin H is a trimer of resveratrol, it seems logical th at it would have stronger scavenging ability than resveratrol. In contrast, we found that trans-gnetin H promotes the prod uction of cellular ROS and enhances the expression of the Nrf 2 protein, which is an important effector protein that plays a role in the response to ROS and is an important indicator of i ntracellular ROS changes[31]. In addition, we also found the t rans-gnetin H upregulates the expression of the downstream Nrf2 antioxidant proteins HMOX1, SOD1, and NQO1. Further, when the cells were pre-treated with NAC before exposure t o trans-gnetin H, this effect was inhibited. This suggests that contrary to the previously reported ROS clearance function o f resveratrol, trans-gnetin H significantly promotes intracellul ar ROS production while enhancing intracellular antioxidant protein expression. Thus, although trans-gnetin H is compose d of resveratrol, it does not possess all the characteristics of r esveratrol.

Resveratrol trimers exhibit a broad spectrum of bioactivities attributed to their structural diversity. Miyabenol C demonst rates notable multi-target pharmacological activities: inducin g anti-proliferative and apoptotic effects in tumor cells; inhibi ting protein kinase C (PKC); antagonizing the human serotoni n (5-HT) receptor; mediating estrogen-like effects via estroge n receptor binding; and exhibiting antagonistic activity towar d ecdysone in Drosophila cell models. Significantly, Miyabeno I C has been identified as a potent inhibitor of β-secretase (B ACE1). It effectively suppresses the pathological production o f  $\beta$ -amyloid (A $\beta$ ) in both in vitro and in vivo model systems, st rongly suggesting its therapeutic potential for central nervou s system neurodegenerative disorders such as Alzheimer's di sease[32]. Further research revealed that the antitumor effe cts of another trimer, pauciflorol B, are primarily mediated th rough activation of the p53 signaling pathway, thereby regul ating cellular apoptosis and senescence[33]. In contrast, the t rimer  $\alpha$ -viniferin displays selective antibacterial activity, exhi biting potent inhibition against Staphylococcus aureus and Es cherichia coli, while demonstrating comparatively weaker act

ivity against Salmonella Paratyphi[34]. These examples highli ght the functional heterogeneity among resveratrol oligomer s and underscore the unique ROS-promoting and mTOR-inhib itory properties of trans-gnetin H identified in our study. In our next set of experiments, we tried to elucidate the pote ntial mechanism underlying intracellular ROS production ind uced by trans-gnetin H. First, we tried to detect changes in th e function of the four complexes in the mitochondrial respira tory chain, but we found that trans-gnetin H did not affect th is mechanism of ROS production. Studies have shown that lip id overload-induced toxicity and insulin resistance is one of t he mechanisms that drives ROS production, and cholesterol a nd oxidized sterols can also cause mitochondrial dysfunction and ROS production[35]. However, our non-targeted lipidomi cs analysis of trans-gnetin H-treated cells showed that there was no increase in cholesterol and fatty acids after trans-gne tin H treatment. Thus, the mitochondrial and lipid overload mechanisms of intracellular ROS production were ruled out a s the ROS induction pathways of trans-gnetin H.

We next analyzed the molecular structure of trans-gnetin H a nd found a large number of hydroxyl groups (-OH). Based on this observation, we speculated that hydroxyl radicals releas ed from trans-gnetin H may account for the increase in ROS o bserved in cells treated with trans-gnetin H. In addition, we a nalyzed the phenotype at the cellular level, and our results s howed that the expression of superoxide dismutase and cata lase was significantly inhibited by trans-gnetin H. Superoxide dismutase binds to the superoxide by-products of oxidative p hosphorylation and converts them to hydrogen peroxide and diatomic oxygen. Thus, changes in these enzymes may also b e an important factor in the promotion of ROS production by trans-gnetin H.

In our previous studies, trans-gnetin H was found to inhibit m TORC1 activity by activating the AMPK pathway[5]. In this stu dy, we also wanted to explore whether trans-gnetin H has an effect on mTORC2. Our results show that trans-gnetin H sign ificantly suppressed the phosphorylation of AKT at Ser473, w hich is a conserved site for mTORC2-mediated phosphorylati on on AKT[26]. Thus, our results suggest that trans-gnetin H c an also significantly inhibit mTORC2 activity. We wanted to le arn more about how trans-gnetin H performs this function. O ur previous study showed that vitamin C-induced ROS regulat ed mTORC2 activation by promoting the degradation of Ricto r[36], which is an important component protein of mTORC2 [ 37]. Building upon these findings, we further investigated the effect of trans-gnetin H on Rictor. Our data demonstrate tha t trans-gnetin H inhibits mTORC2 activity by inducing intracell ular ROS generation, which activates the ubiquitin ligase FBX  $W7\alpha$ . This activation triggers ubiquitination and subsequent proteasomal degradation of the mTORC2 component Rictor. Notably, although trans-gnetin H potently induced FBXW7αmediated Rictor ubiquitination and degradation, it failed to e nhance the FBXW7 $\alpha$ -Rictor physical interaction in co-immun oprecipitation assays (Figure S3A). This finding suggests that

trans-gnetin H/ROS facilitates Rictor ubiquitination through mechanisms independent of strengthening the FBXW7 $\alpha$ -Rict or binding affinity. While this dissociation between binding affinity and degradation efficiency warrants further investigati on, it is well-established that mTORC2 regulates mTORC1 activity via AKT phosphorylation at Ser473. This established link aligns with our prior observation of trans-gnetin H-mediated mTORC1 inhibition. Therefore, collectively, our findings indic ate that trans-gnetin H suppresses mTORC1 activity through dual pathways: AMPK activation and mTORC2 inhibition.

Figure S3

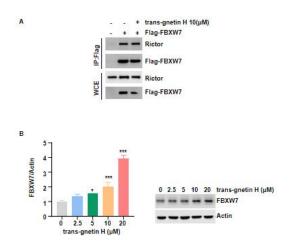


Figure S3. (A) Flag-FBXW7 was overexpressed in HT29 cells and the cells were treated with trans-gnetin H (10  $\mu$ M) for 2 h, the interaction between Flag-FBXW7 and Rictor was detected by Co-IP assay. (B) HT29 cells were treated with different concentration s of trans-gnetin H for 2 h, and the quantitative results of the detected FBXW7 protein are shown.

Further supporting this proposed mechanism, our suppleme ntary experiments revealed that trans-gnetin H significantly u pregulates FBXW7 protein expression (Figure S3B). This findi ng indicates that trans-gnetin H not only facilitates FBXW7-m ediated ubiquitination and degradation of Rictor but may als o potentiate FBXW7's regulatory effect on Rictor by directly e nhancing FBXW7 expression. Within cellular systems, FBXW7 exists as three distinct isoforms: the  $\alpha$  isoform localizes pred ominantly to the nucleus, the  $\beta$  isoform exhibits cytoplasmic distribution, and the y isoform primarily resides within the n ucleolus[38]. Given this broad subcellular distribution of FBX W7, examining only its subcellular localization may be insuffi cient to elucidate the precise mechanism by which trans-gne tin H or ROS regulate FBXW7-mediated Rictor degradation. It is extensively documented that GSK3β-mediated phosphoryl ation of Rictor triggers FBXW7-dependent degradation[30]. A Ithough this study did not directly assess FBXW7 phosphoryla tion status, our functional analyses demonstrate that trans-g netin H-induced ROS promotes Rictor degradation specificall y through FBXW7α—highlighting a central finding of this wor k. Therefore, post-translational modifications (PTMs) of FBX W7 $\alpha$ , such as phosphorylation, represent a plausible regulato ry mechanism through which ROS may modulate its activity, constituting a significant direction for future investigations.

Autophagy is a highly conserved self-degrading system induc ed primarily by nutritional deprivation or stress[35]. It contri butes to the maintenance of cellular homeostasis by promoti ng the degradation of intracellular protein aggregates, organ elles, and other macromolecules [39]. Abnormalities in autop hagy may induce the initiation phase of tumorigenesis. In the later stages of tumor development, autophagy is essential fo r obtaining nutrients and dealing with the unfavorable tumor microenvironment [40]. Our previous study showed that tra ns-gnetin H can promote autophagy via inhibition of the mTO RC1-TFEB signaling axis to facilitate the localization of TFEB w ithin the nucleus [5]. TFEB belongs to a class of transcription f actors that have been reported to regulate lysosomal biogen esis and autophagic gene expression [41]. In the present stud y, we have expanded on the related mechanisms by reportin g that trans-gnetin H-promoted autophagy is highly depende nt on ROS. Further, we found that the promotive effect of RO S on autophagy was brough about via suppression of the mT OR pathway. By combining our present findings with our pre vious findings, we can deduce that trans-gnetin H promotes a utophagy through the mTOR/AMPK/ROS axis. In the future, it would be interesting to explore the mechanisms involved as a way of identifying potential treatment targets.

Elevated ROS is an important feature of cell ferroptosis, and I ipid ROS and mitochondrial crinkling represent the gold stan dard for detecting cell ferroptosis [42]. In this study, we tried to find evidence that trans-gnetin H regulates ferroptosis in c ells. As shown in Figure 4, although trans-gnetin H did result i n a significant increase in the generation of intracellular ROS and had a broad spectrum of other effects, it did not induce t he production of intracellular lipid ROS (elevated lipid ROS is an important condition for ferroptosis). In addition, our expe rimental results show that trans-gnetin H has no obvious des tructive effect on the mitochondria in the cell. Importantly, o ur ferroptosis assay showed that trans-gnetin H did not caus e ferroptosis in cells. In line with the present findings, in our previous study, too, we ruled out the ability of trans-gnetin H to cause apoptosis. In summary, we believe that the product ion of intracellular ROS induced by trans-gnetin H inhibits the activity of mTOR and activates autophagy, similar to our pre vious study.

In this paragraph, we will highlight some of the questions tha t are still to be answered in the future and some limitations o f our study. The selection of cancer cell lines in this study was strategically aligned with global cancer burden data. The fou r cell lines investigated—NCI-H1299 (lung cancer), HT29 (colo rectal cancer), HepG2 (liver cancer), and MDA-MB-231 (breas t cancer)—represent malignancies ranked highest in global in cidence and mortality: lung cancer ranks first in mortality, col orectal cancer third in incidence, liver cancer second in mort ality, and breast cancer first in incidence[43]. These cancers c ollectively span major physiological systems (respiratory, dig estive, and reproductive), enhancing the translational releva nce of our findings across diverse human cancers. However, it is important to note that while our initial screening included MDA-MB-231 and HepG2 cells, our subsequent detailed mec hanistic investigations focused primarily on H1299 and HT29

models. Consequently, the generalizability of the specific RO S-Rictor-mTOR signaling axis identified in this study to breast cancer (MDA-MB-231) and liver cancer (HepG2) cells remains to be fully characterized and constitutes a limitation of this work. Additionally, the experiments were conducted at the c ellular level and need to be verified through in vivo studies in the future, especially for evaluating the side effects of transgnetin H.our cellular models inherently overlook tumor micr oenvironment complexity and interpatient heterogeneity wit hin each cancer type. For instance, while MDA-MB-231 repre sents triple-negative breast cancer, other molecular subtypes (e.g., HER2+, ER+) may respond differently[44]. Similarly, the reliance on single cell lines per cancer type limits extrapolati on to intratumoral genomic diversity. Future studies incorpor ating primary patient-derived cells, co-culture systems, and i n vivo models will be essential to confirm pathophysiological relevance. At the level of mechanism analysis, our previous s tudy showed that mTORC1 can be inhibited by trans-gnetin H [5], and in our present study, trans-gnetin H was found to ha ve the ability to inhibit both mTORC1 and mTORC2 activity vi a ROS, as well as the viability of the cancer cell lines examine d. While these findings indicate the potential anti-tumor effe cts of trans-gnetin H, it is not clear which upstream signaling molecule of mTOR is targeted by trans-gnetin H-induced ROS. Current studies on the upstream signaling molecules of mTO RC1 focus on amino acids, growth factors, and glucose [45], s o they might shed light on the potential targets of trans-gneti n H-induced ROS. In the future, this line of investigation migh t help identify therapeutic targets for cancer treatment. In ou r previous study, we also found that trans-gnetin H inhibited mTORC1 activity through AMPK [5], but in this study, we did not investigate the relationship between ROS and the AMPK pathway. Thus, it is not clear whether ROS can regulate mTO R through the AMPK pathway, or whether the regulation of t he ROS-FBXW7α-Rictor axis is dependent on AMPK signaling. Another limitation was that although we found that ROS can promote FBXW7α-mediated ubiquitination and degradation of Rictor, we did not clarify the mechanism of ROS regulation of FBXW7α. Thus, whether ROS promotes the expression of FBXW7 $\alpha$  or regulates its stability is a topic that warrants inve stigating. Another shortcoming of the present study is that w e have not explored whether trans-gnetin H can cause pyropt osis and necrotic apoptosis, which is a topic we hope to expl ore in subsequent studies.

In summary, the present findings reveal that trans-gnetin H i nhibits tumor cell viability through the following pathway: tr ans-gnetin H-induced increase in ROS production leads to FB XW7 $\alpha$ -mediated ubiquitination degradation of Rictor; this fur ther leads to inhibition of mTORC2 activity that, in turn, inhib its mTORC1 activity via inhibition of AKT phosphorylation. Wi th regard to the underlying mechanism, we were able to add to the literature by demonstrating that trans-gnetin H can re gulate cell viability and autophagy through its effects on ROS and FBXW7 $\alpha$ .

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